

**UPAYA MENINGKATKAN KETERAMPILAN MOTORIK HALUS ANAK  
USIA 4-5 TAHUN MELALUI KEGIATAN MEMASAK (*COOKING ACTIVITY*)**  
(Penelitian Tindakan Kelas pada Anak Usia 4-5 Tahun di RA BUKHARA)  
(2016)

**Dini Nurrizki**

**ABSTRAK**

Penelitian tindakan kelas ini bertujuan untuk meningkatkan keterampilan motorik halus anak usia 4-5 tahun di RA Bukhara melalui kegiatan *cooking activity*. Metode yang digunakan adalah penelitian tindakan kelas yang dilakukan sebanyak 2 siklus yang setiap siklusnya terdiri atas perencanaan (*planning*), tindakan (*acting*), pengamatan (*observing*), dan refleksi (*reflecting*). Subyek penelitian adalah anak usia 4-5 tahun di RA Bukhara sebanyak 8 orang. Pengumpulan data menggunakan teknik non tes yaitu melalui teknik observasi berupa catatan lapangan, lembar pemantau tindakan, catatan wawancara, dan catatan dokumentasi. Analisis prosentase data yang digunakan dalam penelitian ini berdasarkan pendapat E.Milis yang menyatakan bahwa hasil akhir dari ketercapaian tindakan sebesar 71%. Analisis pada siklus pertama terdapat peningkatan keterampilan motorik halus sebesar 8,93% menjadi 68,45%. Rata-rata prosentase keseluruhan mengalami peningkatan, namun belum mencapai prosentase yang telah disepakati. Dengan demikian penelitian dilanjutkan pada siklus kedua. Analisis prosentase data pada akhir siklus mengalami peningkatan kembali sebesar 16,07% menjadi 84,52%. Berdasarkan prosentase ketercapaian hasil dari penelitian ini, maka dapat dinyatakan bahwa hipotesis diterima dan penelitian dihentikan. Maka dapat disimpulkan bahwa kegiatan *cooking activity* dapat meningkatkan keterampilan motorik halus anak usia 4-5 tahun.

**Kata Kunci : Motorik Halus, *Cooking Activity***

**EFFORTS TO IMPROVE THE FINE MOTOR SKILLS OF CHILDREN AGED  
4-5 YEARS THROUGH COOKING ACTIVITY**

*(Classroom Action Research in Children Aged 4-5 Years in RA Bukhara)  
(2016)*

**Dini Nurrizki**

**ABSTRACT**

*This classroom action research aims to improved fine motor skills of children aged 4-5 years in RA Bukhara through cooking activity. The method used is classroom action research conducted by 2 cycles each cycle consisting of planning (planning), action (acting), observation (observing) and reflection (reflecting). Subjects were children aged 4-5 years in RA Bukhara many as 8 people. Collected data using non-test technique is through observation techniques such as field notes, sheet monitoring of action, interview notes and documentation notes. Analyze of the percentage of the data used in this study is based on the opinion E.Milis stating that the final result of the achievement of the action by 71%. Analysis of the first cycle there is an increased fine motor skills by 8,93% to 68,45%. The average percentage of overall increased, but has not reached the agreed precentage before. Reseach continued in the second cycle. Analysis of the data at the end of the cycle the percentage increased again by 16,07% to 84.52%. Based on the percentage achievement of the results of this study, it can be stated that the hypothesis is accepted and the research halted. So we can conclude that the activity of cooking activity can improve fine motor skills of children aged 4-5 years.*

**Keywords: Fine motor skills, Cooking Activity**